




Clergy spouse well-being matters to clergy health. The chart below indicates that three of the top seven factors that influence clergy health relate, in part, to clergy spouse well-being. In turn, clergy health contributes to congregational vitality.

Thirteen Key Factors for Church Leader Well-Being



		Thirteen Factors that Influence Clergy Health												
		Stressors of the Appointment Process	Appointment Changes/Relocation	Work/Life Balance	Job Satisfaction	Education/Preparation for Ministry	Marital/Family Satisfaction	Eating Habits	Relationship with Congregation	Existential Burdens of Ministry	Living Authentically	Personal Centeredness	Outside Interests and Social Life	Personal Finances
Dimensions of Well-Being	Physical													
	Emotional													
	Spiritual													
	Social													
	Financial													

Colors are associated with the five dimensions of well-being on the left. A colored box in a column indicates a link between the dimension of well-being and the clergy health factor in the top row.

For more research details go to: <http://www.wespath.org/cfh/thirteen-factors/>

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